

CONSENT AGENDA  
ITEM NO. **38**

**CITY OF SAN ANTONIO  
SAN ANTONIO METROPOLITAN HEALTH DISTRICT  
CITY COUNCIL AGENDA MEMORANDUM**

**TO:** Sheryl Sculley, City Manager

**FROM:** Fernando A. Guerra, MD, MPH, Director of Health

**SUBJECT:** "Learn, Eat and Enjoy" Program

**DATE:** March 2, 2006

**SUMMARY AND RECOMMENDATIONS**

This ordinance authorizes the City Manager to accept and execute a grant agreement totaling \$33,705.00 from the March of Dimes Birth Defects Foundation to renew support for the ongoing "Learn, Eat, and Enjoy" Program in the San Antonio Metropolitan Health District (SAMHD) for the period March 1, 2006 through February 28, 2007. This ordinance will also adopt the program budget, approve the personnel complement, and approve payments for contractual services.

Staff recommends approval.

**BACKGROUND INFORMATION**

The March of Dimes Birth Defects Foundation is renewing support for the ongoing "Learn, Eat, and Enjoy" Program in the San Antonio Metropolitan Health District (SAMHD) for the third year. SAMHD and the Texas Cooperative Extension Program of the Texas A&M University System will team up to provide prenatal support classes to 200 at-risk pregnant women emphasizing the value of nutritional meal planning along with various aspects of prenatal health education. The program consists of six weekly classes held in a relaxed lunch atmosphere where women practice cooking and discuss concerns related to pregnancy and starting a family. The classes will be held at Sam Houston High School, the Dr. Frank Bryant Family Health Center, Healy Murphy Center, and other venues.

The personnel complement for this program will continue to be one (1) part time position.

Funding in the amount of \$8,230.00 is included in the program budget for the Texas Cooperative Extension Program to provide the cooking classes and food to be prepared.

**POLICY ANALYSIS**

This ordinance follows past City policy of fostering the development and maintenance of cooperative relationships with community programs that increase awareness, access and participation of residents in health programs.

### **FISCAL IMPACT**

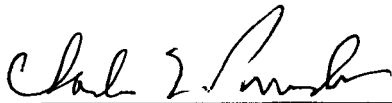
This March of Dimes grant provides \$33,705.00 in funding to support the ongoing "Learn, Eat and Enjoy" Program in the SAMHD through February, 2007. Of this budget, \$8,230.00 is included for the Texas Cooperative Extension Program of the Texas A&M University System to provide the cooking classes and food to be prepared.

### **COORDINATION**

The City Attorney's Office and the Human Resources Department, Risk Management Division have reviewed the contract with the March of Dimes Foundation. This ordinance has been coordinated with the Office of Management and Budget and the Finance Department.

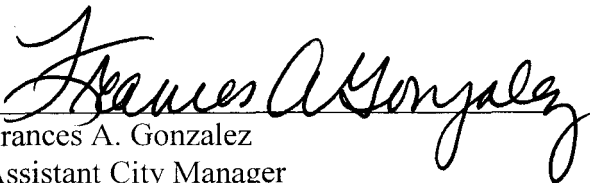
### **SUPPLEMENTARY COMMENTS**

Provisions of the Ethics Ordinance do not apply.



Fernando A. Guerra, MD, MPH

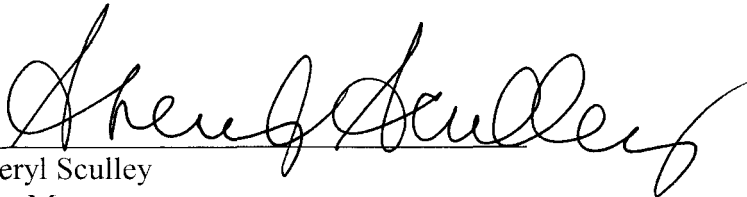
Director of Health, San Antonio Metropolitan Health District



Frances A. Gonzalez

Assistant City Manager

Approved for Council Consideration:



Sheryl Sculley

City Manager